Haematological and biochemical profiles of WAD goats fed graded levels of bitter leaf (Vernonia amygdalina) meal

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Abstract

Bitter leaf is an underutilized manageable size shrub in Nigeria despite its numerous nutritional benefits, economic value and potential as a dry season feed source for ruminant animals. This study was carried out to determine the haematological and biochemical profiles of West African Dwarf (WAD) goats fed graded levels of bitter leaf (Vernonia amygdalina) meal (BLM). Twenty-four WAD goats of both sexes and 5-7 months old were randomly allotted to four treatments of graded levels of BLM (0% BLM (Control Diet), 15% BLM, 30% BLM and 45% BLM diets) in a completely randomized design. The diets were used as supplements to a basal ration of Panicum maximum. The feeding trial lasted 20 weeks. The analysis of blood components, red blood cell (RBC), white blood cell (WBC) and packed cell volume (PCV) counts showed that there were no significant (P>0.05) differences in each of these parameters among the goats fed experimental diets. There were no significant differences in the albumin, alkaline phosphatase, cholesterol, creatinine, globulin, total protein and urea levels of the animals fed the different levels of bitter leaf meal (p>0.05). The result of the serum glucose of goats fed 30% BLM and 45% BLM was significantly (p<0.05) lower than that of CD. It is concluded that feeding of bitter leaf meal at the different levels had no adverse effect on the haematological and biochemical profiles of WAD goats except in the reduction of serum glucose in animals fed above 15% bitter leaf meal.

Keywords: Vernonia amygdalina, haematological characteristic, biochemical parameters, WAD goat

Des Profils hématologiques et biochimiques de chèvres WAD nourries à des aliments de Farine de feuilles amères (Vernonia amygdalina)

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Résumé

La feuille amère est un arbuste de taille gérable sous-utilisé au Nigéria malgré ses nombreux avantages nutritionnels, sa valeur économique et son potentiel en tant que source d'alimentation de saison sèche pour les ruminants. Cette étude a été réalisée pour déterminer les profils hématologiques et biochimiques de chèvres naines d'Afrique de l'Ouest (WAD) nourries à des aliments de farine de feuilles amères (le ‘BLM’) (Vernonia amygdalina). Vingt-quatre chèvres WAD des deux sexes et âgées de 5 à 7 mois ont été attribuées au hasard à quatre traitements de niveaux gradués de BLM (0% BLM (régime témoin), 15% BLM, 30%
BLM et 45% BLM) dans conception aléatoire. Les régimes ont été utilisés comme suppléments à une ration basale de Panicum maximum. L’essai d'alimentation a duré 20 semaines. L'analyse des comptages des composants sanguins, des globules rouges (le 'RBC'), des globules blancs (le 'WBC') et du volume de cellules en stationnement (le 'PCV') a montré qu'il n'y avait pas de différence significative (P> 0,05) dans chacun de ces paramètres parmi les chèvres nourries avec des régimes expérimentaux. Il n'y avait pas de différences significatives dans les taux d'albumine, de phosphatase alcaline, de cholestérol, de créatinine, de globuline, de protéines totales et d'urée des animaux nourris avec les différents niveaux de farine de feuilles amères (p> 0,05). Le résultat du glucose sérique des chèvres nourries à 30% de BLM et 45% de BLM était significativement (p <0,05) inférieur à celui de CD. Il est conclu que l'alimentation de farine de feuilles amères à différents niveaux n'a eu aucun effet indésirable sur les profils hématologique et biochimique des chèvres WAD, sauf dans la réduction de la glycémie chez les animaux nourris à plus de 15% de farine de feuilles amères.

Mots clés : Vernonia amygdalina, caractéristique hématologique, paramètres biochimiques, chèvre

Introduction
Bitter leaf (Vernonia amygdalina) is a manageable size shrub that is available during dry season, its nutritional, economic value and potential as a dry season feed source for ruminant animals is underutilized. The leaves are used for human consumption, suggesting that the excess may be utilized as feed (Daodu and Babayemi, 2009). The leaf extract of V. amygdalina is known to enhance the immune systems through cytokines regulation. Studies by Farombi and Owoeye (2011) implicated extracts of V. amygdalina to be rich in phytochemicals like saponins alkaloids, terpenes, steroids, coumarins, flavonoids, phenolics, lignans, xanthones, anthraquinones edotides and sesquiterpenes which elicit biological effects including cancer chemoprevention, among others. Despite all these potentials, bitter leaf contains some anti-nutritional components that can have advantageous or adverse effect on human and animal health depending on the quantity consumed (Sugano et al., 1993). The measurement of blood parameters is one of the most valuable tools in studying the effects of nutrition, age, sex, breed, chemical agents and radiation in animals (Olayeni et al., 2006) because the blood is a crucial indicator of the physiological and pathological state of an organism. Bawala et al. (2008) suggested that nutritional studies should not be limited to performance, carcass quality and protein intake alone, but the effect on blood constituents is also very relevant. Haematological and biochemical studies could help in realistic evaluations of the many practice, nutrition and diagnosis of health conditions of animals (Ahmed et al., 2009; Hassan et al., 2012; Okoruwa and Ikhimiyoa, 2014). This study therefore seeks to evaluate haematological and biochemical profiles of (WAD) goats fed graded levels of bitter leaf (Vernonia amygdalina) meal (BLM).

Materials and methods
Experimental site
The experiment was carried out at the Sheep and Goat Unit of the Teaching and Research Farm, Obafemi Awolowo University, Ile-Ife, Osun State. The farm is approximately between latitudes 7°31’N and 7° 33’N; and longitudes 4° 33’E and 4° 34’E. It is within the tropical rainforest. Twenty-four West African Dwarf (WAD) weaner goats of both sexes were used in this experiment. The ages of the animals were between 5 and 7 months.
Management of experimental animals
The goats were quarantined, treated with oxycare antibiotic injection for 3 days, dewormed with levamizole and given ivomec injection to guard against endoparasites and ectoparasites. Also, they were treated for pneumonia and vaccinated against *peste des petits ruminante* (PPR) as a routine practice prior to the commencement of the experiment. The animals were randomly allotted to four treatments in a completely randomized design with six goats per treatment and provided fresh feed and water daily. The experiment lasted for a period of 20 weeks.

Preparation of experimental diet
The *Vernonia amygdalina* leaves for this study were harvested from the cut branches of the planted shrub within the environment of the Teaching and Research farm, Obafemi Awolowo University, Ile-Ife. Samples were air dried for two days and sun dried on concrete slabs for a day. The samples were ground prior to its incorporation in goat diets. Four concentrate diets comprising 0, 15, 30 and 45% of Bitter Leaf (*Vernonia amygdalina*) Meals (BLM) were compounded and fed to the goats as supplements to a basal ration of guinea grass (*Panicum maximum*) (Table 1). The goats were fed based on 3% of their body weights. The proximate composition of the BLM sample was determined by standard methods (AOAC, 2000).

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>0% BLM</th>
<th>15% BLM</th>
<th>30% BLM</th>
<th>45% BLM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Corn bran</td>
<td>45.00</td>
<td>30.00</td>
<td>15.00</td>
<td>-</td>
</tr>
<tr>
<td>Bitter leaf meal</td>
<td>-</td>
<td>15.00</td>
<td>30.00</td>
<td>45.00</td>
</tr>
<tr>
<td>Brewers dried grain</td>
<td>30.00</td>
<td>30.00</td>
<td>30.00</td>
<td>30.00</td>
</tr>
<tr>
<td>Palm kernel cake</td>
<td>22.50</td>
<td>22.50</td>
<td>22.50</td>
<td>22.50</td>
</tr>
<tr>
<td>Bone Meal</td>
<td>1.50</td>
<td>1.50</td>
<td>1.50</td>
<td>1.50</td>
</tr>
<tr>
<td>Salt</td>
<td>0.50</td>
<td>0.50</td>
<td>0.50</td>
<td>0.50</td>
</tr>
<tr>
<td>Vitamin Premix</td>
<td>0.50</td>
<td>0.50</td>
<td>0.50</td>
<td>0.50</td>
</tr>
<tr>
<td>Total</td>
<td>100.00</td>
<td>100.00</td>
<td>100.00</td>
<td>100.00</td>
</tr>
<tr>
<td>Calculated % Crude protein</td>
<td>14.70</td>
<td>17.14</td>
<td>19.58</td>
<td>22.01</td>
</tr>
</tbody>
</table>

0% BLM = Control diet (0% bitter leaf meal), 15% BLM = 15% bitter leaf meal inclusion, 30% BLM = 30% bitter leaf meal inclusion, 45% BLM = 45% bitter leaf meal inclusion,  CP = Crude protein

Blood sampling
At 17th week of the study, blood samples through the jugular vein were collected from experimental animals in each of the four dietary treatment groups in the morning before feeding and to measure the hematological and biochemical properties. Each blood sample was emptied into two sets of well labeled sample bottles, one containing ethylene diamine tetra-acetate (EDTA) as anti-coagulant while the other contained no anti-coagulant. The sample containing anti-coagulant was used for the analysis of hematological traits (packed cell volume (PCV), red blood cell (RBC) and white blood cell (WBC) counts) while sample without anti-coagulant was used to analyse the serum biochemical profiles (creatinine, total protein, glucose, bilirubin, alkaline phosphatase, cholesterol, albumin and urea) of the (WAD) goats per treatment. The serum metabolites were determined according to Randox procedure of chemical analysis (2010). The readings were carried out using photo spectrometer in the laboratory.
**Statistical analysis**

Data obtained were statistically analyzed with the General Linear Model of SAS (2008) and the Duncan New Multiple Range Test option of SAS (2008) was used to detect significant differences among means.

**Results and discussion**

The chemical composition of bitter leaf meal (BLM) and *Panicum maximum* used in the experimental diets is shown in Table 2. The dry matter and ash content of bitter leaf meal were higher than that of *P. maximum* while *P. maximum* had higher organic matter, crude fibre, ether extract and nitrogen free extract content. The result of the chemical composition of BLM and *P. maximum* used in the experimental diets shows that the crude protein content of bitter leaf meal was quite high compared to that of *P. maximum* and comparable crude protein range of 18-21.50% for bitter leaf was reported by Bonsi et al. (1995), Okoli et al. (2003), Fajemisin et al. (2009) and Owen (2011). However, a high value of 32.60% from *V. amygdalina* extract was reported by Aletor et al. (2002). The difference in values may be as a result of stage of growth, processing method and season of harvesting.

**Table 2: Chemical composition of bitter leaf meal and *Panicum maximum***

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Bitter leaf meal</th>
<th><em>Panicum maximum</em></th>
</tr>
</thead>
<tbody>
<tr>
<td>Dry Matter (%)</td>
<td>86.84</td>
<td>20.61</td>
</tr>
<tr>
<td>Analysis % of DM</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Organic Matter</td>
<td>85.35</td>
<td>90.16</td>
</tr>
<tr>
<td>Crude Protein</td>
<td>25.25</td>
<td>7.36</td>
</tr>
<tr>
<td>Crude fibre</td>
<td>11.37</td>
<td>28.78</td>
</tr>
<tr>
<td>Ether Extract</td>
<td>19.49</td>
<td>24.44</td>
</tr>
<tr>
<td>Ash</td>
<td>15.65</td>
<td>8.45</td>
</tr>
<tr>
<td>Nitrogen free extracts</td>
<td>29.25</td>
<td>30.24</td>
</tr>
</tbody>
</table>

DM: Dry matter

Table 3 shows the haematological parameters of WAD goats fed experimental diets. There was no significant (P>0.05) differences recorded across the treatment groups for RBC, WBC and PCV. RBC counts obtained in this study were within the range of 11-18 x10^3/mm^3 for WAD goats reported by Jean (1992). The mean WBC observed in this study was higher than the normal physiological range of 4.0-12.0 x10^3/mm^3 and 11.72-13.27 x10^3/mm^3 for goat reported by Jain (1993) and Olubunmi et al. (2005), respectively. However, following the report of Yusuf et al. (2012) WBC fell within the normal range (14.55-29.60 x10/L) for healthy goats. The observed PCV values fell within the range of 21.0-36.9% reported for clinically-healthy WAD goats (Merck, 2011; Imaseun, 2012 and Yusuf et al., 2012) but above the values of 19.4-20.5 and 24.8 reported by Nwakpu and Uchewa (2014) and Amakiri (1981), respectively. The observed PCV values were lower than (35.40-36.77%) reported by Odoemelam et al. (2014). Aikhuomobhogbe and Orheruata (2006) asserted that lower PCV results in anemia reduced oxygen carrying-capacity of blood, increased pulse rate and consequently heart failure.
Table 3: Hematological parameters of WAD goats fed different levels of bitter leaf meal

<table>
<thead>
<tr>
<th>Parameter</th>
<th>CD</th>
<th>15% BLM</th>
<th>30% BLM</th>
<th>45% BLM</th>
<th>SEM</th>
<th>PROB</th>
</tr>
</thead>
<tbody>
<tr>
<td>RBC (×10^6/mm³)</td>
<td>14.56</td>
<td>13.72</td>
<td>16.08</td>
<td>13.94</td>
<td>0.91</td>
<td>0.84</td>
</tr>
<tr>
<td>WBC (×10^3/mm³)</td>
<td>24.80</td>
<td>25.68</td>
<td>16.05</td>
<td>20.95</td>
<td>2.46</td>
<td>0.56</td>
</tr>
<tr>
<td>PCV (%)</td>
<td>33.67</td>
<td>31.00</td>
<td>28.33</td>
<td>26.33</td>
<td>1.60</td>
<td>0.45</td>
</tr>
</tbody>
</table>

\[a, b, c, d\]: Means within each row with different superscript are significantly different \((p<0.05)\)

Hence, it can be asserted that the experimental animals were within the normal range that can maintain the animal of normal PCV. Esonu et al. (2001) stated that, haematological constituents reflect the physiological responsiveness of the animal to its internal and external environment, which include feed and feeding. This present study showed that feeding Vernonia amygdalina at different levels supplemented with concentrate had no deleterious effect on the levels of RBC, WBC and PCV counts in the blood of weaner goats. Table 4 shows the serum biochemistry of WAD goats fed different levels of bitter leaf meal. Serum parameters have been reported to be important in the proper maintenance of the osmotic pressure between the circulating fluid and the fluid in the tissue space so that the exchange of materials between the blood and cell could be facilitated (Isidahomen et al., 2012).

There were no significant differences in the albumin, alkaline phosphatase, cholesterol, creatinine, globulin, total protein and urea levels of the animals fed the different levels of bitter leaf meal \((P>0.05)\). The serum albumin content \((g/dl)\) do not differ significantly \((P>0.05)\) among treatment groups. There was significant difference in the level of serum glucose of the animals fed different levels of bitter leaf meal.

Table 4: Serum biochemistry of WAD goats fed different levels of bitter leaf meal

<table>
<thead>
<tr>
<th>Parameter</th>
<th>CD</th>
<th>15% BLM</th>
<th>30% BLM</th>
<th>45% BLM</th>
<th>SEM</th>
<th>PROB</th>
</tr>
</thead>
<tbody>
<tr>
<td>Albumin (g/dl)</td>
<td>3.87</td>
<td>3.60</td>
<td>3.65</td>
<td>4.46</td>
<td>0.10</td>
<td>0.50</td>
</tr>
<tr>
<td>Alkaline phosphatase (U/L)</td>
<td>51.02</td>
<td>48.48</td>
<td>51.44</td>
<td>4.90</td>
<td>0.98</td>
<td></td>
</tr>
<tr>
<td>Bilirubin (mg/dl)</td>
<td>2.47</td>
<td>2.61</td>
<td>2.25</td>
<td>0.16</td>
<td>0.89</td>
<td></td>
</tr>
<tr>
<td>Cholesterol (mg/dl)</td>
<td>152.72</td>
<td>160.36</td>
<td>172.50</td>
<td>4.60</td>
<td>0.45</td>
<td></td>
</tr>
<tr>
<td>Creatinine (mg/dl)</td>
<td>1.32</td>
<td>1.86</td>
<td>1.36</td>
<td>0.45</td>
<td>0.57</td>
<td></td>
</tr>
<tr>
<td>Globulin (g/dl)</td>
<td>2.70</td>
<td>2.71</td>
<td>2.86</td>
<td>0.28</td>
<td>0.96</td>
<td></td>
</tr>
<tr>
<td>Total glucose (mg/dl)</td>
<td>141.78</td>
<td>123.20</td>
<td>113.70</td>
<td>113.59</td>
<td>4.09</td>
<td>0.04</td>
</tr>
<tr>
<td>Total protein (g/dl)</td>
<td>6.95</td>
<td>6.36</td>
<td>6.32</td>
<td>6.32</td>
<td>0.28</td>
<td>0.81</td>
</tr>
<tr>
<td>Urea (mg/dl)</td>
<td>33.67</td>
<td>31.00</td>
<td>28.33</td>
<td>26.33</td>
<td>1.60</td>
<td>0.45</td>
</tr>
</tbody>
</table>

\[a, b, c, d\]: Means within each row with different superscript are significantly different \((p<0.05)\)

The mean serum glucose of animals fed 30% BLM and 45% BLM diets were significantly \((P<0.05)\) lower than that of animals on CD diets. Animals on control diet had the highest level of total protein which is not significantly \((P>0.05)\) different from others. The Serum urea values obtained in this study were in line with that of 20.07-30.04 mg/dl recorded by Okoruwa and Agbonlahor (2014) and 18.17-35.17 mg/dl reported by Odoemelam et al. (2014) but lower than 32.25-37.30 mg/dl and 37.9 mg/dl reported by Ikhimioya and Imasuen (2007) and Opara et al. (2010) respectively. Averagely lower blood urea concentration may be an indicator of better protein quality (Eggum, 1970) while high level of serum urea has been attributed to excessive tissues protein catabolism associated with protein deficiency (Oduye and Adadevoh, 1976).
The serum albumin levels in the study were within the range of 3.90-4.45 g/dl reported for WAD goats by Yusuf et al. (2012) but higher than the range of 2.98-3.43 g/dl and 2.8 g/dl reported by Okoruwa and Agbonlahor (2014) and Opara et al. (2010), respectively. Increase in serum albumin above normal indicates dehydration, impairment in the function of liver, kidneys and digestive system while low albumin suggests poor clotting ability of blood (Robert et al., 2000) and reduction in disease fighting ability of the animal body system which could lead to high mortality (Iheukwumere et al., 2005). Alkaline phosphatase (ALP) levels obtained in this study were within the range 30.73-79.18 U/L reported by Ikhimioya and Imasuen (2007). Values within this range suggest high quality protein in the diet fed as reported by Akinmutimi (2004). Opara et al. (2010) reported higher value of 63.20 U/L. According to Zilva and Pannall (1984), normal enzyme level in serum is a reflection of a balance between synthesis and their release, as a result of the different physiological processes in the body. Guyton (1991) observed that ALP level in the blood is usually a good indicator of bone formation since osteoblasts secrete large quantities of this enzyme. Thus since the diets in this study did not differ from the control diet (CD), it may be deduced that BLM under study did not adversely disrupt the activity of these osteoblasts. Serum bilirubin levels reported in this study were higher than 2.27 mg/dl of non infected goats reported by Sanni et al. (2013). Bilirubin is a pigment produced primarily in the liver and associated with breakdown of hemoglobin from red blood cells stored in gall bladder as a component of bile. Increase in bilirubin indicates increase red blood cell destruction or decreased bile flow through liver. Result of serum cholesterol (mg/dl) was in agreement with range reported by Pampori (2003), but higher than the values reported by Damir (2001); Taiwo and Ogunsanni (2003) and Ikhimloya and Imasuen (2007). The serum cholesterol levels depend on the amount and quality of protein offered in the feed (Esonu et al., 2001). This means that the protein provided by the control diet and different bitter leaf meal inclusion was enough and of good quality to meet the nutritional needs of the animals. Creatinine level did not differ between the diets in this study, an indication that the treatment diets have no effect on this variable. This explains the effectiveness of body mass function in goats and fewer waste products in the muscle of the goats. However, compared to values reported for apparently healthy Marwari goats (Tanwar et al., 2000) and West African Dwarf goats (Ikhimloya and Imasuen, 2007; Okoruwa and Agbonlahor, 2014), high serum creatinine values were obtained in this study. All the experimental goats were within the range of 2.7-4.4 g/dl for globulin (Merck, 2011) and 2.3-3.6 g/dl reported by (Ukpadi, 2007) but higher than 2.4 g/dl reported by Opara et al. (2010). The diets in this study did not significantly affect globulin levels in the serum of the goats thus indicating the safety of these BLM as supplements for goats. This is important because decreased globulin below the normal level leads to weak immune system of the body and consequently decreased disease fighting ability of the animal's body which leads to high mortality rates in the event of disease outbreak (Iheukwumere et al., 2005). The mean serum glucose of animals fed 30% BLM and 45% BLM diets were significantly (P<0.05) lower than that of animals on CD diets. Serum glucose level is an indicator of carbohydrate metabolism in high energy diets (Coles, 1974). Glucose level which is lower than normal range is an indication of hypoglycemia while higher levels are indication of hyperglycemia. The observed hypoglycemia effect is a possible
pointer that the inclusion of BLM at 30% and 45% can impair or disrupt the pathway for glucose metabolism. Serum proteins are important in osmotic regulation, immunity and transport of several substances in the animal body (Jain, 1986; Ikhimioya and Imasuen, 2007). However, in this experiment, animals on control diet had the highest level of total protein which is not significantly (P>0.05) different from others. Besides, the statistically non-significant (P>0.05) difference between the control and other diets may be related to the findings of Tewe and Maner (1980) that serum protein is related to the availability of protein in diets for utilization. The values obtained from this study were higher than 3.33-5.52 g/dl reported by (Odoemelam et al., 2014) but within the range of 6.4-7.00 g/dl reported by (Amalendu, 2006).

**Conclusion**
The study showed that feeding of bitter leaf meal at different levels had no adverse effect on the haematological and biochemical profiles of West African dwarf goats fed graded levels of bitter leaf meal except in the reduction of serum glucose in animals fed above 15% bitter leaf meal.

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Received: 27th August, 2020
Accepted: 21st November, 2020