

EFFECT OF AQUEOUS *Phyllanthusamarus* LEAF EXTRACT ON FEED UTILIZATION AND SERUM LIPID PROFILE OF BROILER CHICKENS

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ABSTRACT

This study investigated the effect of varying levels of *Phyllanthusamarus* leaf extract (PALE) in 1L of drinking water on feed utilisation and serum lipid profile of broiler chickens for 42 days. 120 day old chicks were randomly allocated to four treatments with three replicates of ten birds each, in a completely randomised design (CRD). PALE was obtained by adding ground *Phyllanthusamarus* leaves at 0g, 15g, 20g, and 25g to 1L of boiled water respectively, and steeped for thirty minutes. The treatments were designated as T₁ (0ml/L), T₂ (15ml/L), T₃ (20ml/L), T₄ (25ml/L). Results showed that PALE had no effect ($P < 0.05$) on feed intake, feed conversion ratio and weight gain of broiler chickens across the treatments, but there were effects on the lipid profile indices at the same level of significance. Birds on PALE had lower cholesterol, triglycerides, high density lipoproteins (HDL), and low density lipoproteins (LDL) than the control. It was concluded that the extract had hypolipidemic effect on the broilers.

Keywords: *Phyllanthusamarus*, leaf extract, feed utilisation, lipid profile.

INTRODUCTION

The ever-increasing global population growth has led to a resultant increase in the initialisation of intensive livestock production practices that can efficiently meet the higher demands for food. A common method applied to maximise yield is the use of sub-therapeutic doses of antibiotic growth promoters (Evangelista *et al.*, 2021). Antibiotics increase animal growth efficiency by inhibiting the growth of microbes in the gut thereby enhancing immune response in the host (Gasik *et al.*, 2002). They have been shown to improve the health status of intensively raised animals and to reduce the microbial load in meat that can cause foodborne diseases for humans (OMAFARA, 2005). The use of synthetic antibiotics has however been associated with an increasing rise in antimicrobial resistance (AMR). The impending risk presented by the possibility of cross-resistance which may bring about the emergence of multi-drug resistance pathogens which will further limit treatment in both man and animals (Mehdi *et al.*, 2018), necessitated the ban on their usage by the European Union since 2006. This has led to search for natural alternatives that can guarantee food safety (Evangelista *et al.*, 2021).

One of such natural alternatives are phyto-genic feed additives, which have had their uses in ethno-medicine for ages. Studies have been done using leaf meals of medicinal plants, the use of these for monogastrics are limited due to the limited extent to which they can utilise fibrous materials (Ologhobo and Adejumo, 2015). A better alternative might be the use of infusion of such plants.

Stable extracts for varying biological activities were obtained for *Phyllanthusamarus* using hexane, acetone and water. Mohammad *et al.*, (2018), Nguyen *et al.* (2017) however reported higher preference for the aqueous extract when maximum yield of biologically potent antioxidant compounds that can inhibit lipid peroxidation are desired.

Phyllanthusamarus is said to have hepatoprotective, analgesic, anti-inflammatory, hypolipidemic, anti-oxidant, and anti-microbial properties. Joseph *et al.* (2011). It contains some bioactive compounds which may affect haematological and serum biochemical parameters as well as nutrient utilisation in animals. Ogbuewu *et al.*, (2010). It however contains some anti-nutritional compounds like tannins, cyanide, oxalates, phytate (Gafa *et al.*, 2012). There is therefore need to as-

ertain the safe level of administration of this plant as an alternative to synthetic antibiotics. According to Sharma *et al.*, (2015), serum biochemical responses are used to assess the clinical and physiological responsiveness and well-being of chickens.

This study was aimed at assessing the effect of *Phyllanthus amarus* on the serum lipid profile of broiler chickens.

Materials and Method

2.1 Experimental Site:

The experiment was conducted at the poultry unit of the Agricultural Science Departmental Livestock Farm, Kwara State College of Education, Ilorin, Kwara State, Nigeria. Ilorin is located with coordinates 8°30' North and 4°33' East; with an annual rainfall of 1185 mm and temperature range of 33°C-37°C. The *Phyllanthus amarus* were collected from the premises of the Kwara State College of Education and air-dried at room temperature and ground into powder. The day-old chicks were purchased from Yamfi hatchery, Ilorin, Kwara State, Nigeria.

A broiler diet was formulated for the research and used for all the treatments.:

Maize 56 kg, GNC 16 kg, Soya 21 kg, Fish meal 2 kg, Bone meal 3 kg, Oyster shell 1 kg, premix 0.25 kg, Salt 0.25 kg, DL-methionine 0.50 kg, Enzyme 0.50 kg.

Experimental Design–

One hundred and twenty (120) unsexed day-old chicks were assigned to the four treatments of the experiment, with ten (10) birds each for the three replicates on deep litter, in a completely randomised design (CRD)

Feed Intake Evaluation–

Parameters (live weight and feed intake) were measured using a digital scale. Feed consumed was calculated by finding the difference between the served and left over feed quantities each day. Body weight was measured weekly and the change determined by subtracting the new from that of the previous weeks. The PALE was prepared and administered daily.

Blood Collection: Two (2) birds were randomly selected and fasted twenty-four (24) hours before slaughtering, sample was collected into plain bottles for the serum profile parameters.

Chemical Analysis–

The proximate composition of the feed and the *Phyllanthus amarus* leaf were determined by the method of AOAC (2019).

Statistical Analysis–

Data obtained were analysed by one-way analysis of variance (ANOVA) Duncan's multiple range test was used to separate the treatments means where differences occurred at $P < 0.05$.

RESULTS AND DISCUSSION

Table 1:

Performance Characteristics of Broilers Fed with Varying Levels of *Phyllanthus amarus* Leaf Extract

Parameters	Level of PALE			
	0 ml/L	10 ml/L	20 ml/L	25 ml/L
Initial body weight (g/b)	54.67±2.0	55.67±2.1	56.67±1.8	56.11±1.9
Final body weight (g/b)	1666.11±10	1688.00±8.2	1603.22±9.0	11682.33±9.8
Average daily feed intake (g/b)	143.14±2.1	139.21±2.0	138.60±2.2	141.97±2.0

Averagedailyweightgain(g/b)	67.20±0.5	66.93±0.48	66.00±5.1	67.93±0.49
Waterintake(ml)	3678.97±4.2	3660.50±3.8	3597.8±4.0	3670.32±4.1
Feedconversionratio	2.13±0.2	2.08±0.1	2.10±0.09	2.09±0.08

Table 1 shows the mean values for averaged daily weight gain, averaged daily feed intake, and feed conversion ratio. There were no significant differences across the treatments, the mean values for feed conversion ratio for the treatments were however lower than that of the control, this may be due to improved digestibility, activation of the immune system and antioxidant activity (Mudalat *et al.*, 2021). *Phyllanthus amarus* is said to contain essential oils, and therefore is capable of increasing digestibility of nutrients by stimulating enzyme secretion, and stabilizing the gut microflora while not improving growth performance (Amadi *et al.*, 2011).

Table 2: Serum Lipid Indices of Broilers Fed with *Phyllanthus amarus* Leaf Extract

Parameters	Level of PALE			
	0ml/L	10ml/L	20ml/L	25ml/L
Cholesterol (mg/dl)	129.50 ^b ±0.8	126.7 ^{ab} ±0.6	118.59 ^{ab} ±0.7	114.89 ^a ±0.8
Triglycerides (mg/dl)	235.90 ^b ±2.2	211.94 ^{ab} ±2.1	189.10 ^a ±2.0	199.24 ^a ±1.8
LDL (mg/dl)	36.93±0.7	24.67±0.5	31.74±0.7	31.65±0.6
HDL (mg/dl)	119.24 ^b ±3.0	59.67 ^a ±2.5	49.40 ^a ±2.7	37.39 ^a ±2.6

Means with different superscripts on the same row differ significantly ($P < 0.05$) HDL–High density lipoprotein, LDL–Low density lipoprotein

Table 3: Phytochemicals in PALE

Saponin	Coumarins
Glycoside	Triptenes
Alkaloids	Steroids
Phenolics	

triglyceride levels must have been of dietary origin or due to other factors as the birds on PALE had lower indices of serum lipids and therefore lower risks of cardiovascular and other types of diseases associated with hyperlipidemia when compared with those on the control (Mahan and Stump, 2014). The values were indicative of lower lipid levels in the serum of the birds.

and triglycerides were significantly different between the control T_1 and the treatments with PALE, T_2 , T_3 and T_4 . The values for the control were higher than those of *Phyllanthus amarus* leaf extract, the low density lipoprotein (LDL) and high density lipoprotein (HDL) were of similar pattern. The mean values for serum cholesterol, and low density lipoproteins were within the normal range recommended by Basmacioglu and Ergu (2005). 23.77 ± 5.83 mg/dl– 32.47 ± 8.84 mg/dl (≤ 1.30 mg/dl) and 125 mg/dl–200 mg/dl for the LDL and triglycerides respectively. The control had the highest mean value for given the PALE. This agrees with the findings of Ologhobo and Adejumo (2015). Putakala *et al.* (2017) reported that the cardioprotective potential of *P. amarus* aqueous extract, is mainly due to its ameliorative and antioxidant potential, coupled with its anti-hyperglycemia and anti-hyperlipidemic properties, they went further to report that its ability to reduce body fat may be attributed to the presence of flavonoids, quercetin, rutin, ligands (phyllanthin and hypophyllanthin), saponins and the phenolic compounds and gallic acid which are all cardioprotective in action.

Results of the phytochemical analysis also showed that the *Phyllanthus amarus* leaf contained anti-nutritional factors, but the better feed conversion ratios obtained with the birds on PALE suggest that they must have been neutralized appreciably with the high heat used for the extraction which reduces such (Patterson *et al.*, 2017, Maphosa and Jideani, 2017) this coupled with the short period used for steeping, most probably reduced the toxicity of the PALE.

The results indicate that the level of PALE given did not adversely affect the health status of the birds, but rather improved it.

Conclusion and Recommendation

It can be concluded that the *Phyllanthus amarus* leaf extract has potentials for improving feed conversion efficiency of broilers, in terms of improved feed utilisation, and it has hypolipidemic effect.

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